**1. Pre-test and Post-test Data Normality Tests**

*Ho* : Data normally distributed

*H1* : Data is not normally distributed

We use α = 0, 05 (5%), *Ho* will be accepted if α < (*sig* value) and the opposite if α > (*sig* value) then *H1* will be accepted.

**Table 1: Pre-Test and Post-Test Data Normality Tests**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **No** | **Dimension** | **Group** |  | ***Kolmogorov-Smirnov*** | ***Shapiro-Wilk*** | **Determination** |
|  |  |  |  | **Significance** | **Significance** |  |
|  |  | Experiment | Pre-test | 0.200 | 0.474 | Normal |
| 1 | Self-Awareness |  | Post-test | 0.200 | 0.220 | Normal |
|  |  | Control | Pre-test | 0.200 | 0.532 | Normal |
|  |  |  | Post-test | 0.200 | 0.651 | Normal |
|  |  | Experiment | Pre-test | 0.200 | 0.267 | Normal |
| 2 | Self-Acceptance |  | Post-test | 0.058 | 0.075 | Normal |
|  |  | Control | Pre-test | 0.200 | 0.607 | Normal |
|  |  |  | Post-test | 0.200 | 0.205 | Normal |
|  |  | Experiment | Pre-test | 0.200 | 0.143 | Normal |
| 3 | Self-Assertiveness |  | Post-test | 0.200 | 0.512 | Normal |
|  |  | Control | Pre-test | 0.200 | 0.805 | Normal |
|  |  |  | Post-test | 0.200 | 0.496 | Normal |
|  |  | Experiment | Pre-test | 0.073 | 0.220 | Normal |
| 4 | Life Goals |  | Post-test | 0.200 | 0.306 | Normal |
|  |  | Control | Pre-test | 0.188 | 0.096 | Normal |
|  |  |  | Post-test | 0.200 | 0.596 | Normal |
|  | Self-Responsibility | Experiment | Pre-test | 0.200 | 0.579 | Normal |
| 5 |  |  | Post-test | 0.200 | 0.306 | Normal |
|  |  | Control | Pre-test | 0.200 | 0.430 | Normal |
|  |  |  | Post-test | 0.200 | 0.622 | Normal |
|  |  | Experiment | Pre-test | 0.200 | 0.585 | Normal |
| 6 | Self-Integrity |  | Post-test | 0.063 | 0.207 | Normal |
|  |  | Control | Pre-test | 0.200 | 0.678 | Normal |
|  |  |  | Post-test | 0.200 | 0.527 | Normal |
|  | Spiritual Dimension | Experiment | Pre-test | 0.200 | 0.870 | Normal |
| 7 | (Self-Potential, Self-Activity, Self-Evaluation) |  | Post-test | 0.150 | 0.195 | Normal |
|  |  | Control | Pre-test | 0.200 | 0.669 | Normal |
|  |  |  | Post-test | 0.200 | 0.275 | Normal |

Table 2 displays normal distributed data for the experiment and control groups; as well as the spiritual development problems in terms of self-awareness, self-acceptance, self-assertiveness, life goals, self-responsibility, self-integrity, and spiritual dimension (self-potential, self-activity, and self-evaluation). This is revealed with all the significant values being bigger than 0.05, whether for the *Kolmogorov-Smirnov* test or the *Shapiro-Wilk* test, so that a conclusion can be drawn that *Ho* is accepted and *H1* is rejected, which means that the distribution data is normal.

**2. Pre-test and Post-test Data Homogeneity Tests**

We use α = 0, 05 (5%), *Ho* will be accepted if α < (*sig* value) dan the opposite if α > (*sig* value) then *H1* will be accepted.

**Table 2: Pre-test and Post-test Data Homogeneity Tests**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **No** | **Dimension** | **Group** | **Levene statistic** | **Significance** | **Determination** |
| 1 | Self-Awareness | Pre-post Experiment | 1.663 | 0.216 | Homogenous |
|  |  | Pre-post Control | 0.615 | 0.444 | Homogenous |
| 2 | Self-Acceptance | Pre-post Experiment | 2.142 | 0.163 | Homogenous |
|  |  | Pre-post Control | 1.245 | 0.281 | Homogenous |
| 3 | Self-Assertiveness | Pre-post Experiment | 1.173 | 0.297 | Homogenous |
|  |  | Pre-post Control | 1.513 | 0.239 | Homogenous |
| 4 | Life Goals | Pre-post Experiment | 0.489 | 0.498 | Homogenous |
|  |  | Pre-post Control | 0.058 | 0.813 | Homogenous |
| 5 | Self-Responsibility | Pre-post Experiment | 4.090 | 0.063 | Homogenous |
|  |  | Pre-post Control | 4.092 | 0.063 | Homogenous |
| 6 | Self-Integrity | Pre-post Experiment | 2.513 | 0.130 | Homogenous |
|  |  | Pre-post Control | 0.975 | 0.337 | Homogenous |
| **7** | Spiritual Dimension | Pre-post Experiment | 3.325 | 0.790 | Homogenous |
|  | (Self-Potential, Self-Activity, Self-Evaluation) | Pre-post Control | 1.885 | 0.181 | Homogenous |

Table 2 depicts all homogenous tested data for the pre-post experiment group and pre-post control group; as well as spiritual development problems in terms of self-awareness, self-acceptance, self-assertiveness, life goals, self-responsibility, self-integrity, and the spiritual dimension (self-potential, self-activity, and self-evaluation). This is shown with a significant value (*Levene Sig*) being bigger than 0.05, so that it can be concluded that *Ho* is accepted and *H1* is rejected, which means that the data has the same variance (homogenous).